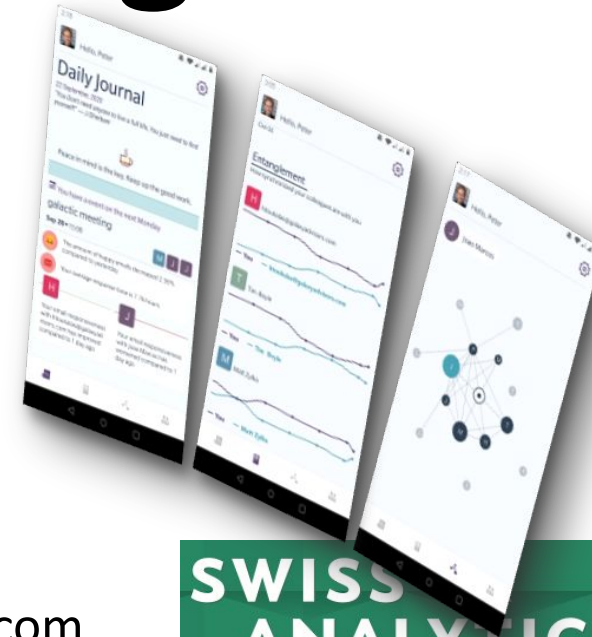
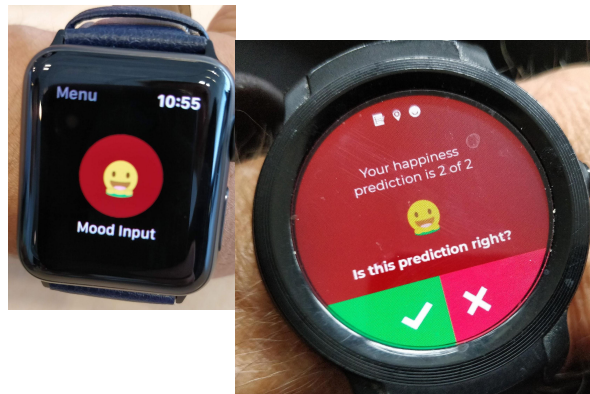


# Automatische Messung von Mitarbeiterzufriedenheit durch Künstliche Intelligenz



**Peter A. Gloor**

[pgloor@galaxyadvisors.com](mailto:pgloor@galaxyadvisors.com)

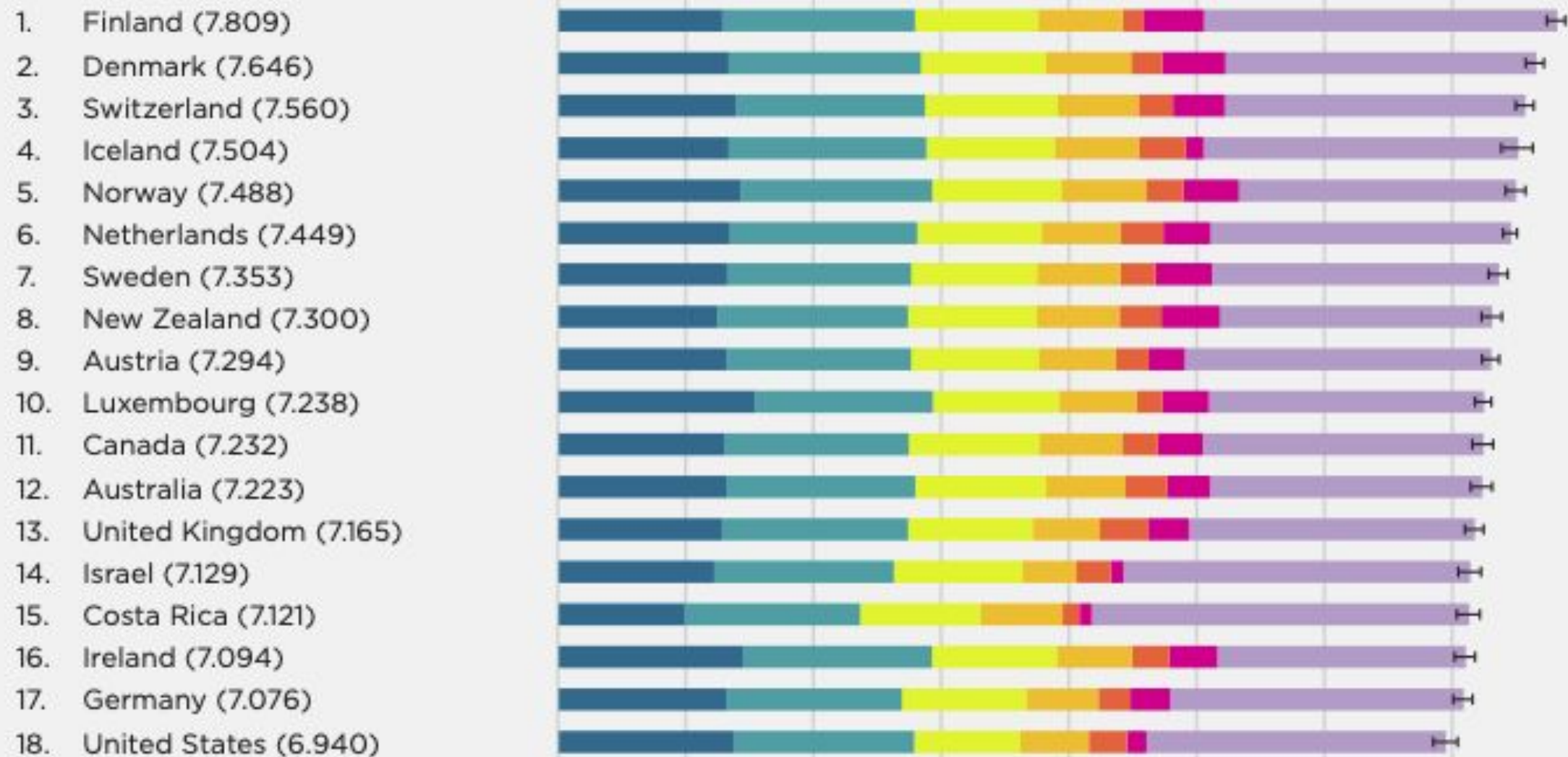




# Measuring Happiness

- Survey of subjective life-satisfaction (Frey 2018, Kahnemann 2004)
- Assesses individual's overall subjective well being
- “Taken overall, how satisfied are you with the life you lead on a scale from 0 (totally dissatisfied) to 10 (totally satisfied)?”
- Predictors
  - Positive correlation income-happiness (up to a point: Easterlin-Paradox)
  - Self-control, length of commute, being with friends (Frey)
  - Institutional and social trust (World Happiness Report)
- Happiness increases productivity (Oswald, Proto, Sgroi)

**Figure 2.1: Ranking of Happiness 2017–2019 (Part 1)**



Explained by: GDP per capita

Explained by: social support

Explained by: healthy life expectancy

Explained by: freedom to make life choices

Explained by: generosity

Explained by: perceptions of corruption

Dystopia (1.97) + residual

95% confidence interval

# 2 Levels of Happiness (Aristotle: Nicomachean Ethics)



# GROWING YOUNG



HOW FRIENDSHIP, OPTIMISM, AND  
KINDNESS CAN HELP YOU LIVE TO 100

MARTA ZARASKA

# Measuring Happiness as an Emotion

## 6 Basic Emotions:

1. anger
2. disgust
3. fear
4. happiness
5. sadness
6. surprise



(Paul Ekman)

# Entanglement

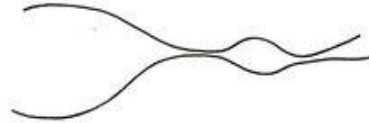
*Best Friend - Childhood*



*Friend With Benefits*



*Best Friend - College*



*Someone You Meet at the Wrong Time,  
Then Re-Meet at the Right One*



*Sibling*



*One Night Stand*



*Parent*



*Therapist*



*First Love*



*Dog*



*"Closeness Lines Over Time"*

*de Recat Jan. 2019*

# Individual



Plants



Smartwatches

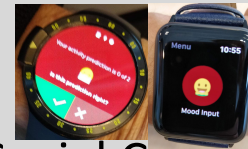


Smartphones

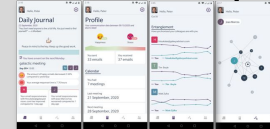


Webcams

### Happimeter



### Social Compass



# Organization

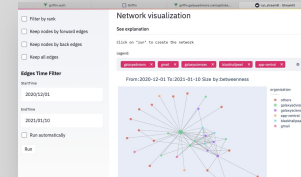


E-mail



Chat

### Griffin E-Mail



# World



### Social media



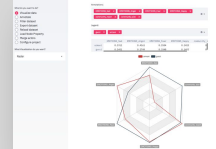
Twitter

Reddit

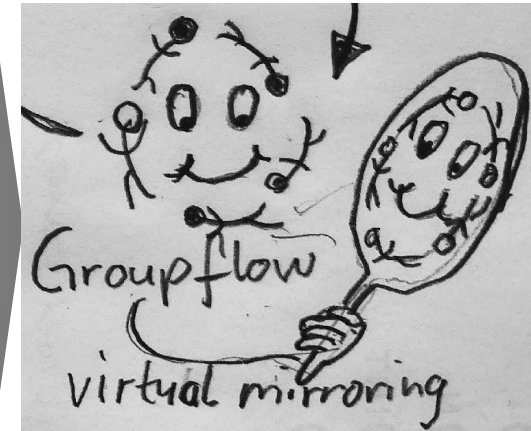


YouTube

### Griffin Social Media



### GalaxyScope

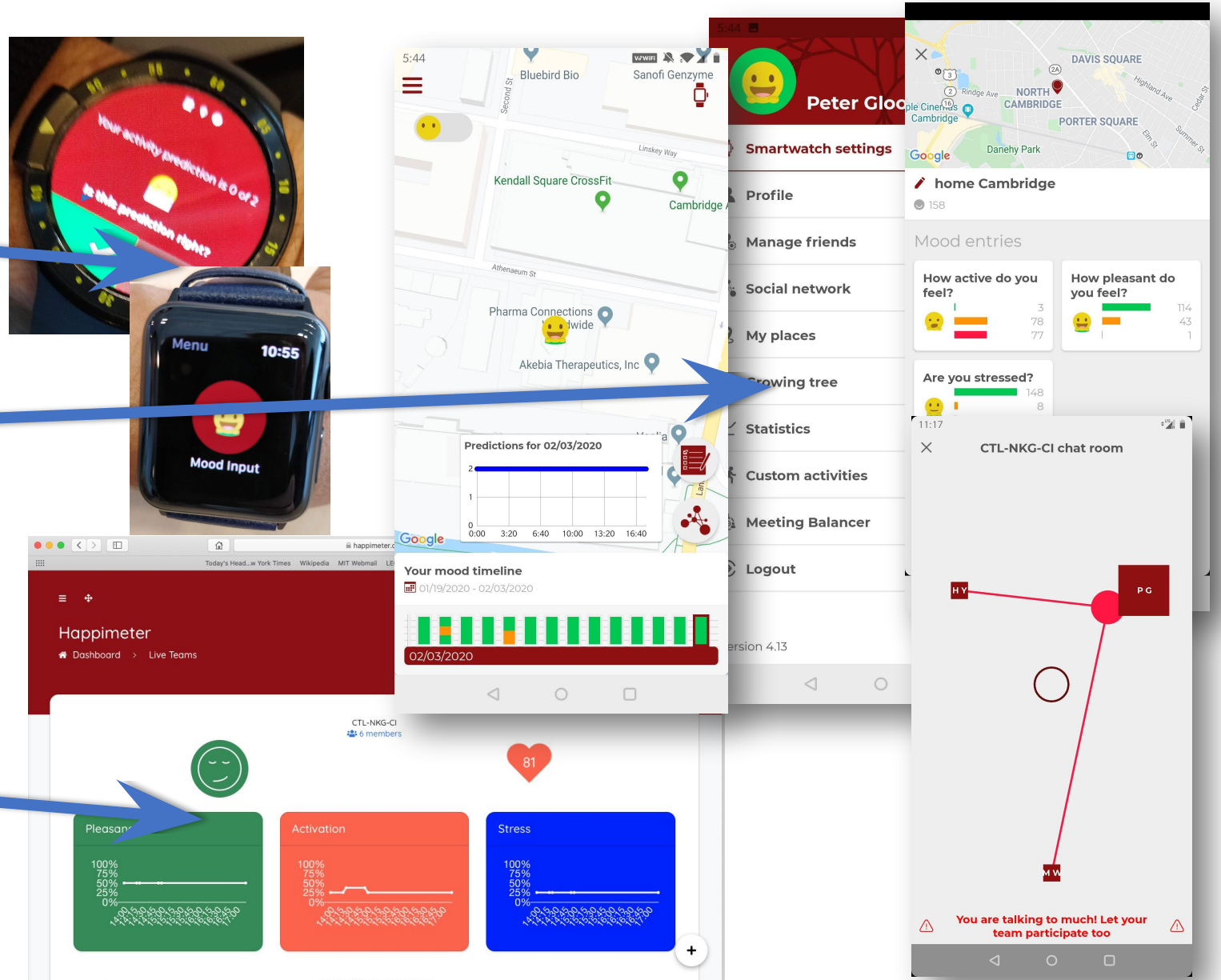




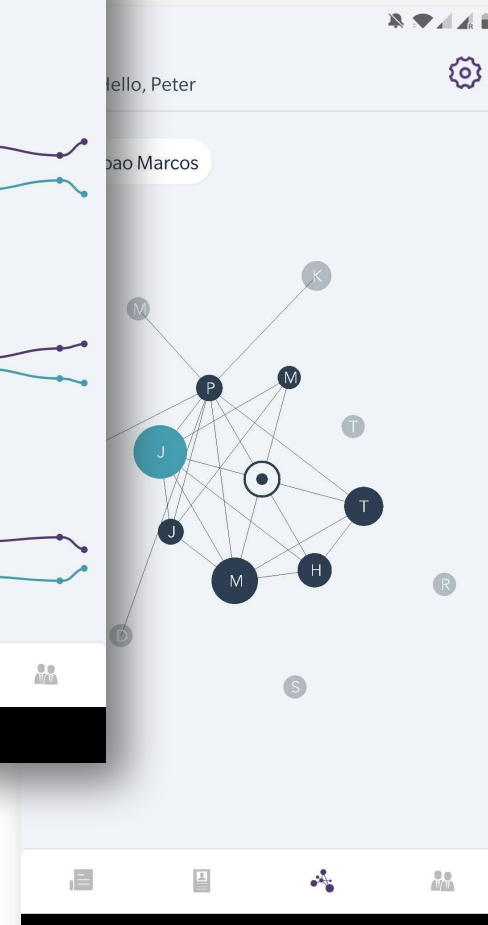
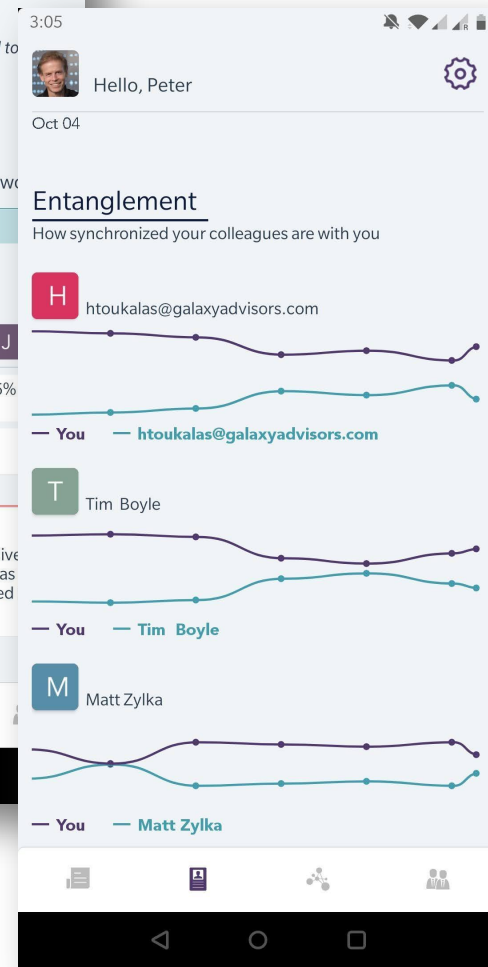
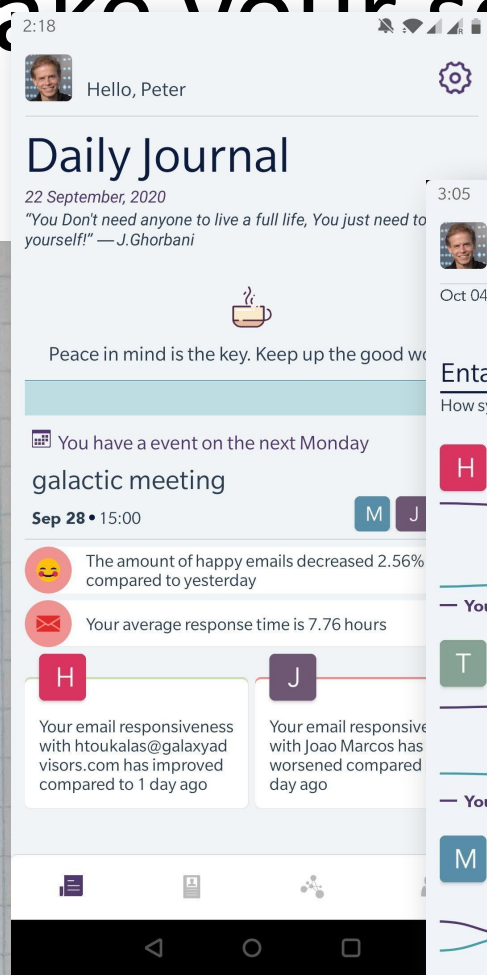
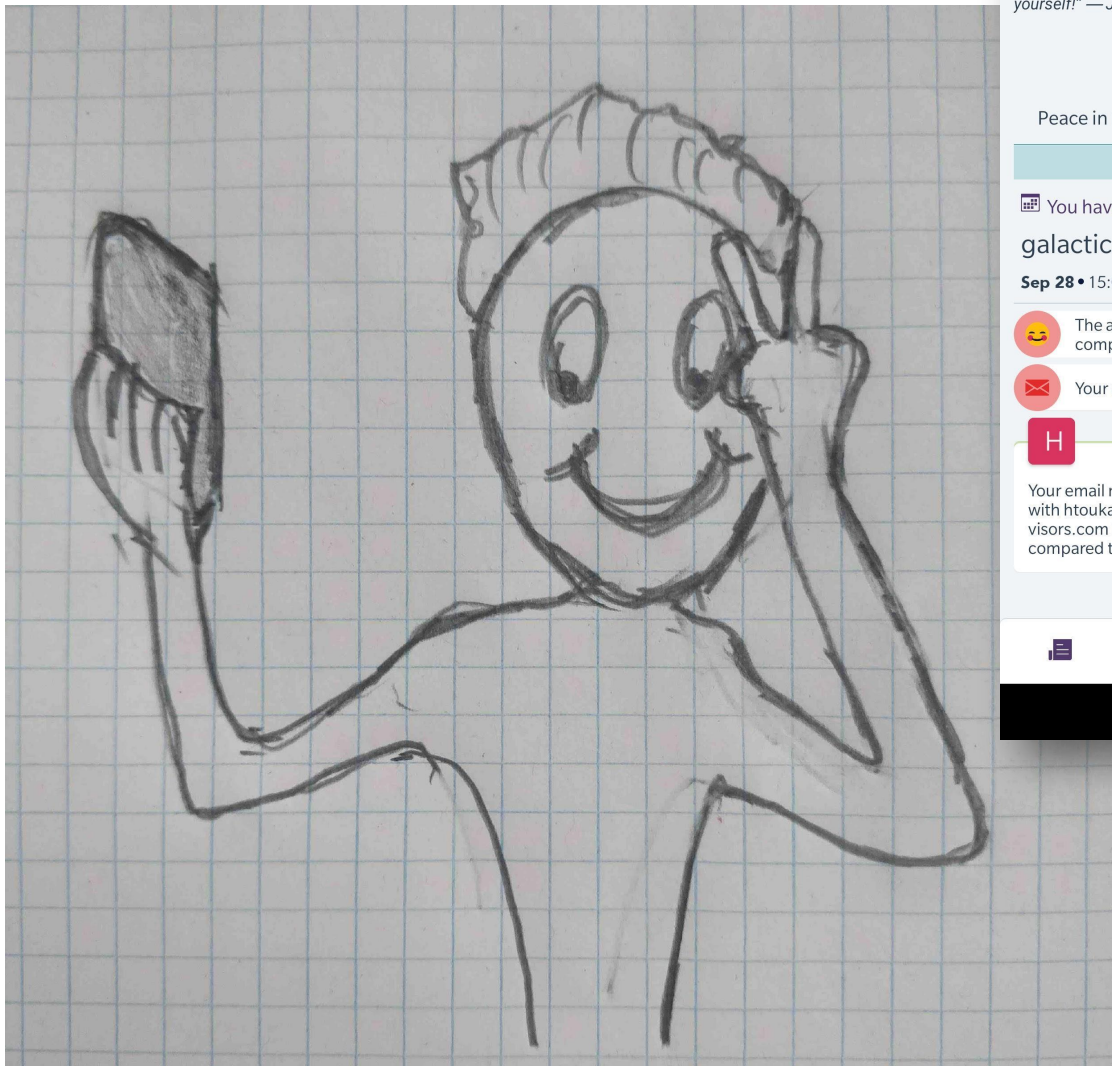
# Happimeter tracks emotions

Happimeter consists of four components:

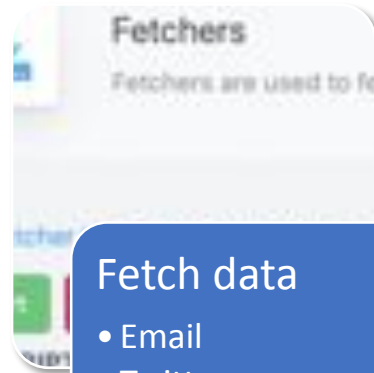
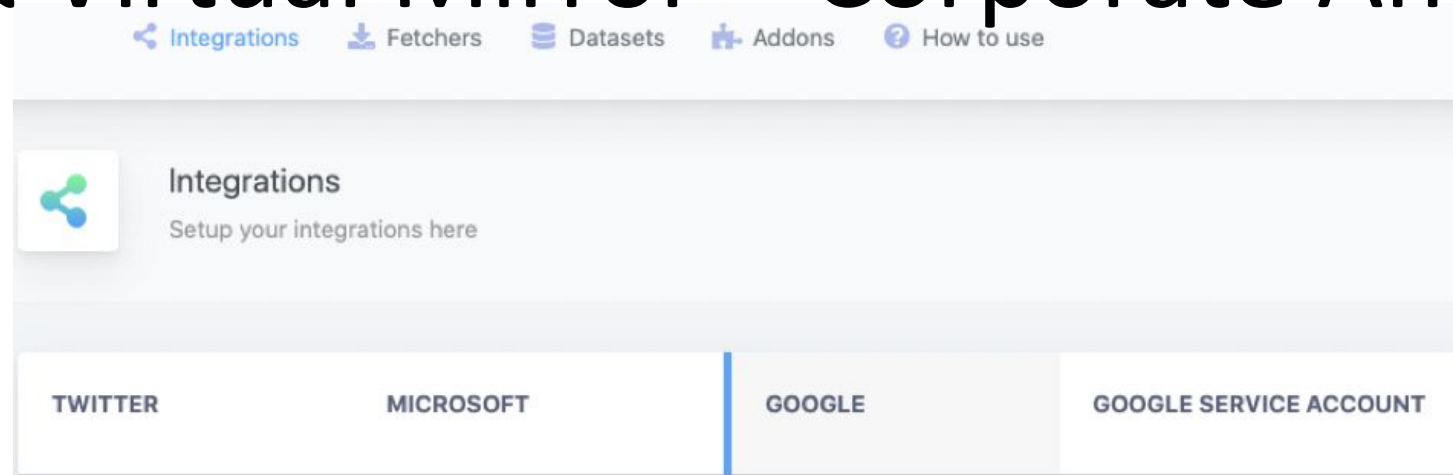
1. An Android Wear / Apple smartwatch that tracks acceleration, heart rate, voice, and location
2. An Android/iPhone app that transmits data to the server, and visualizes (shared) happiness
3. A machine learning backend in the AWS cloud, predicting pleasure (88%), activation (79%), stress (74% accuracy)
4. A Website that visualizes results and allows users to create/manage groups of friends and teams



# Social Compass – take your social selfie

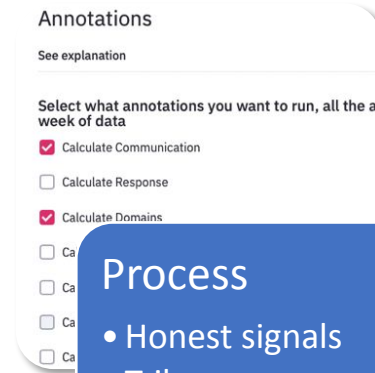


# Griffin & Virtual Mirror – Corporate Analysis



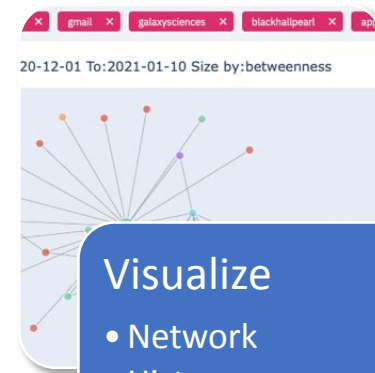
## Fetch data

- Email
- Twitter
- (Wikipedia)
- Reddit
- YouTube



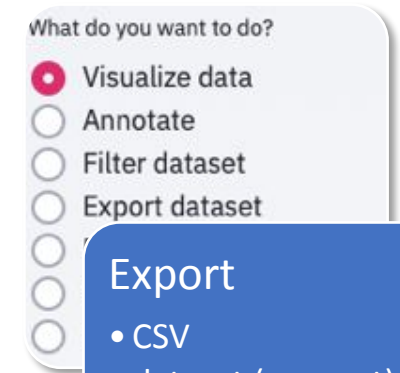
## Process

- Honest signals
- Tribes
- Time series
- entanglement



## Visualize

- Network
- Histogram
- Communication
- Radar
- ...



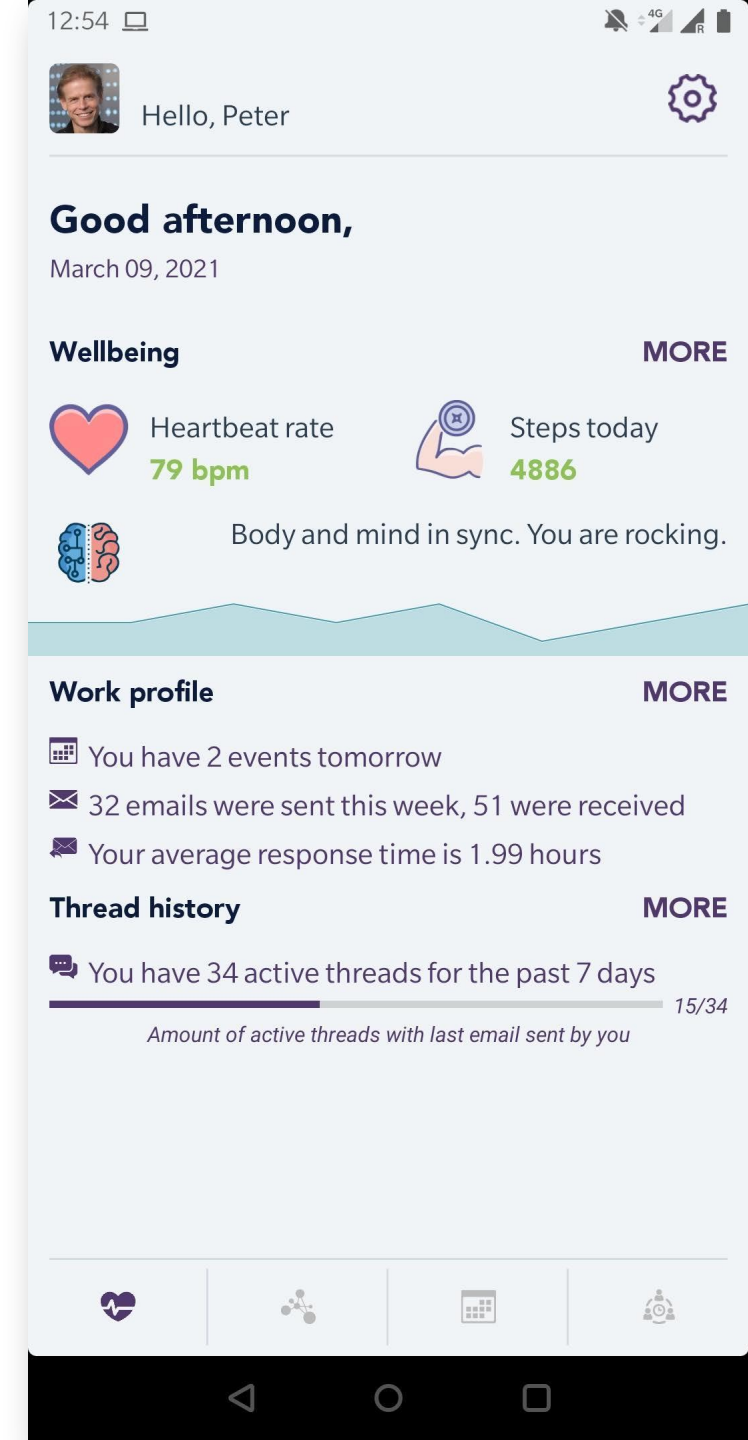
## Export

- CSV
- dataset (parquet)

# Daily Journal

On Daily journal you will find updated insights about your communication and mood, based on the last emails you sent and received, and calendar events

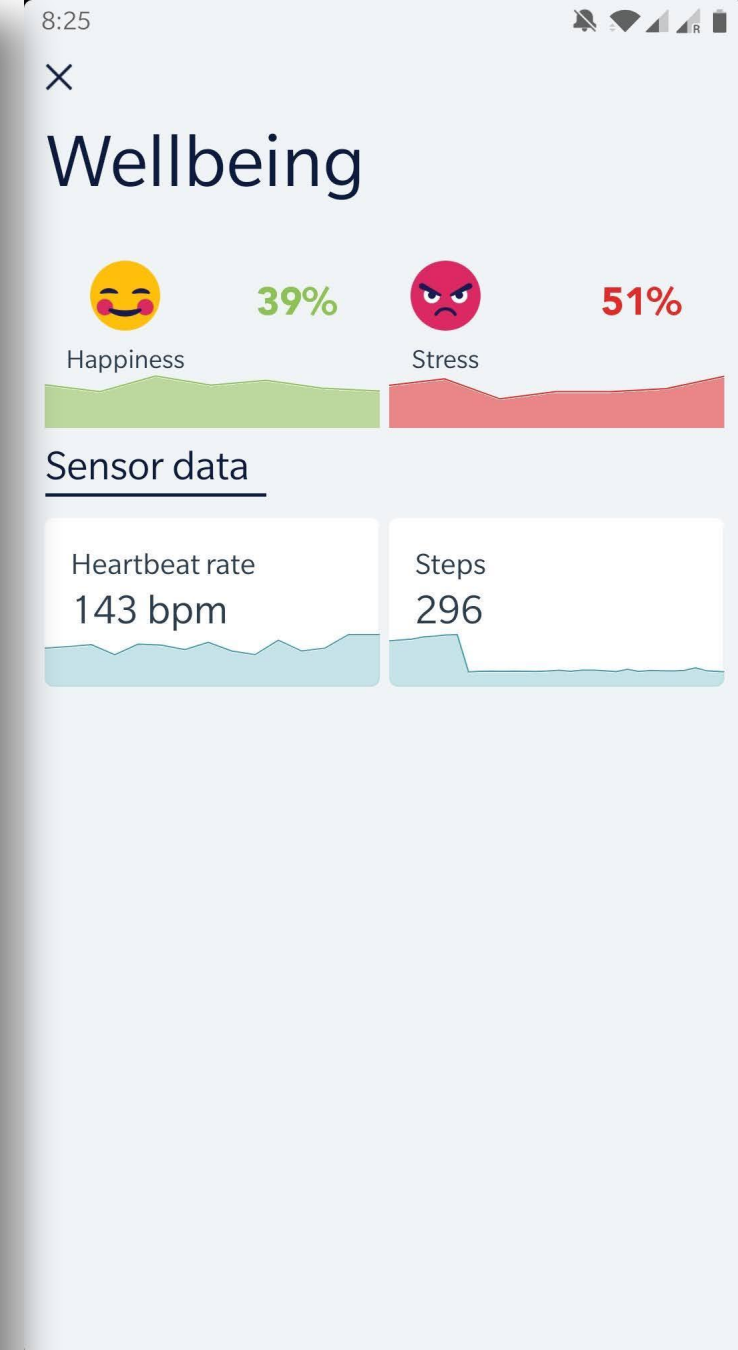
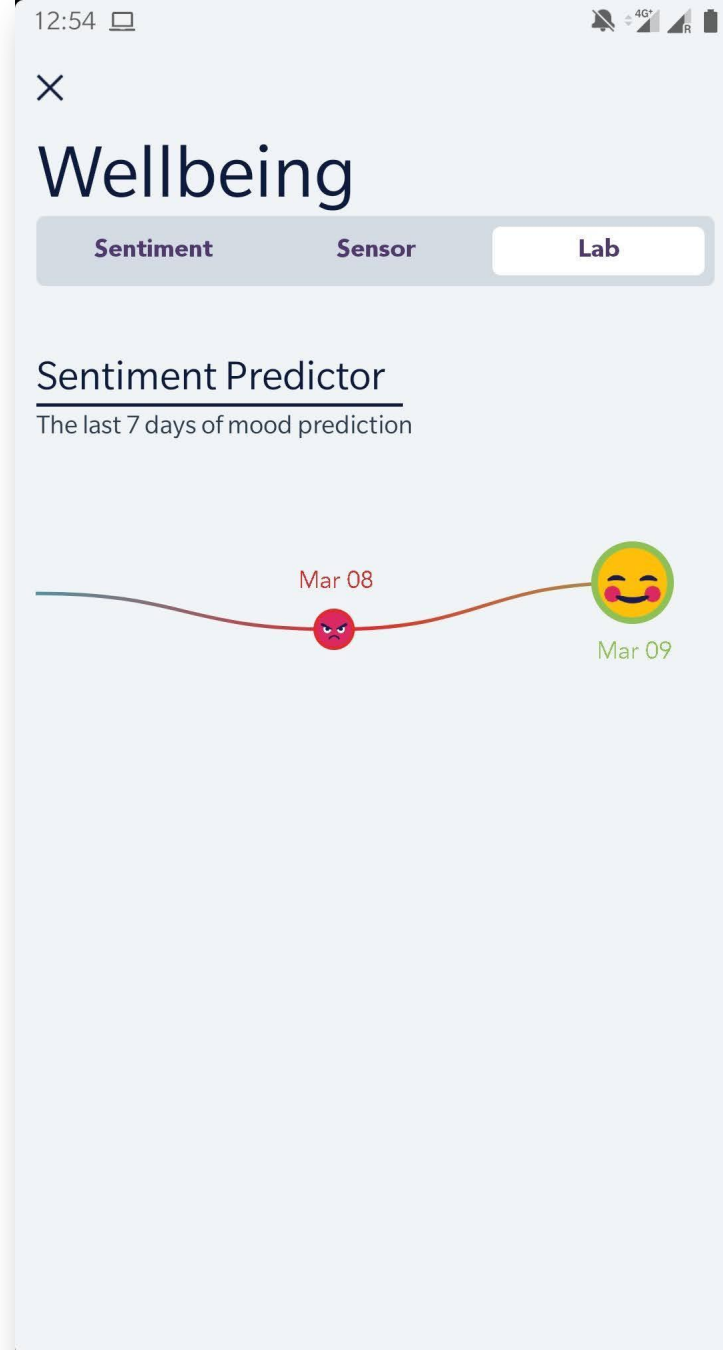
- Average email response time
- Engagement
- Upcoming events
- Responsiveness alerts: are you keeping your response time? Did you increase or decrease your response time with a specific colleague?
- Mood changes alerts: according to your emails, are you more or less happy than yesterday? Or stressed?



# Wellbeing

Profile shows health/emotional information about you

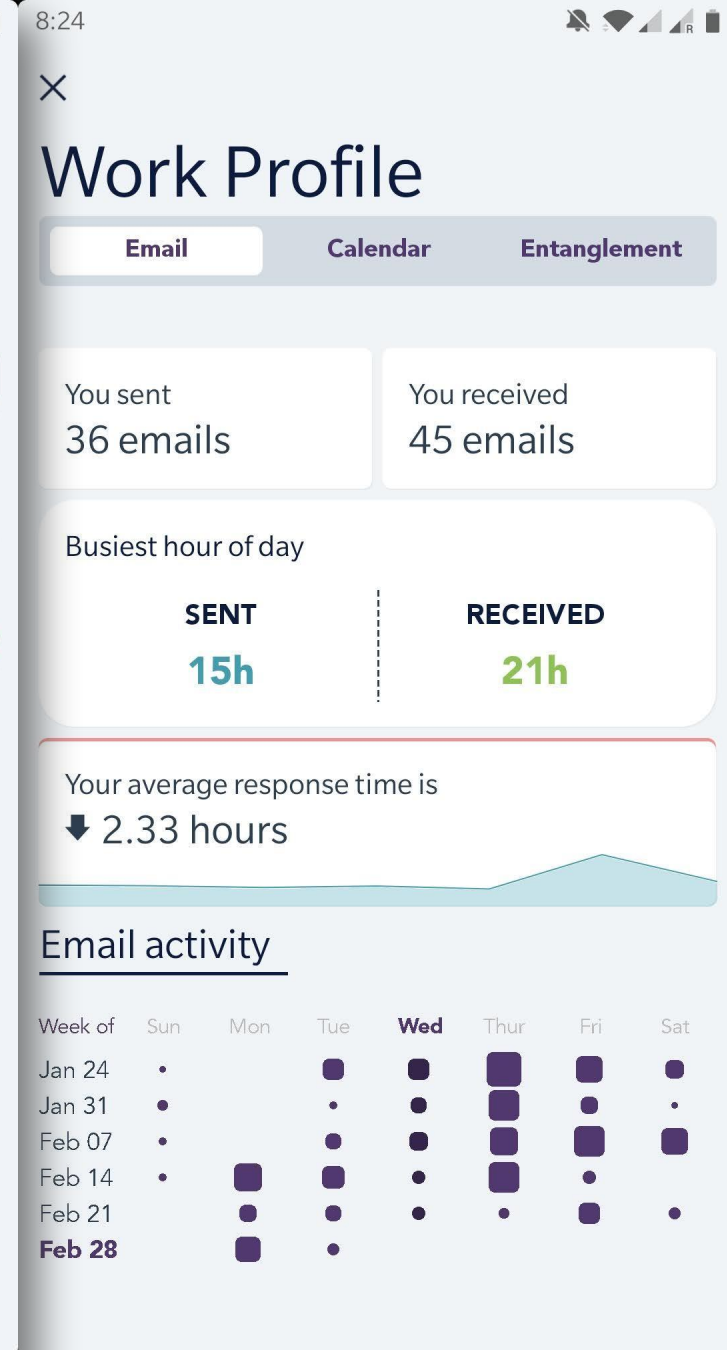
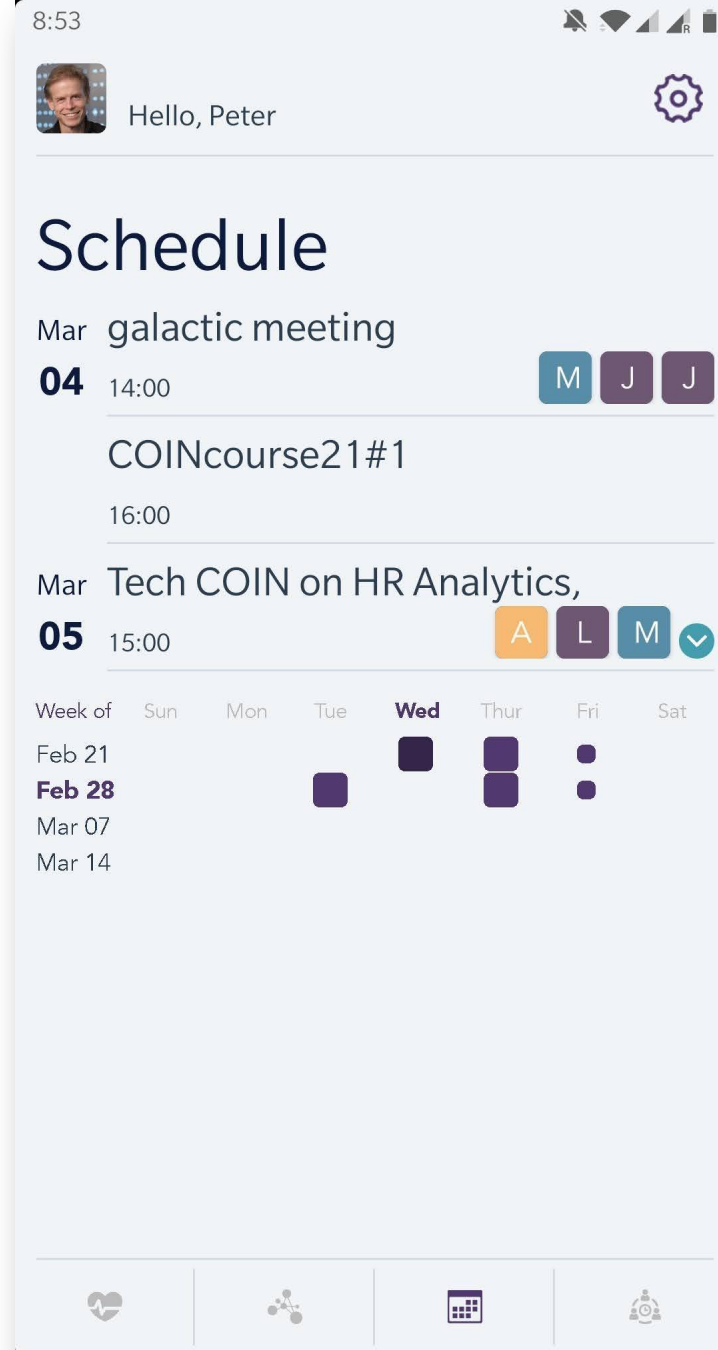
- Mood analysis from e-mail sentiment
- Sensor data from smartwatch (Apple watch or Android Wear)



# Work Profile

Profile shows aggregated information about you

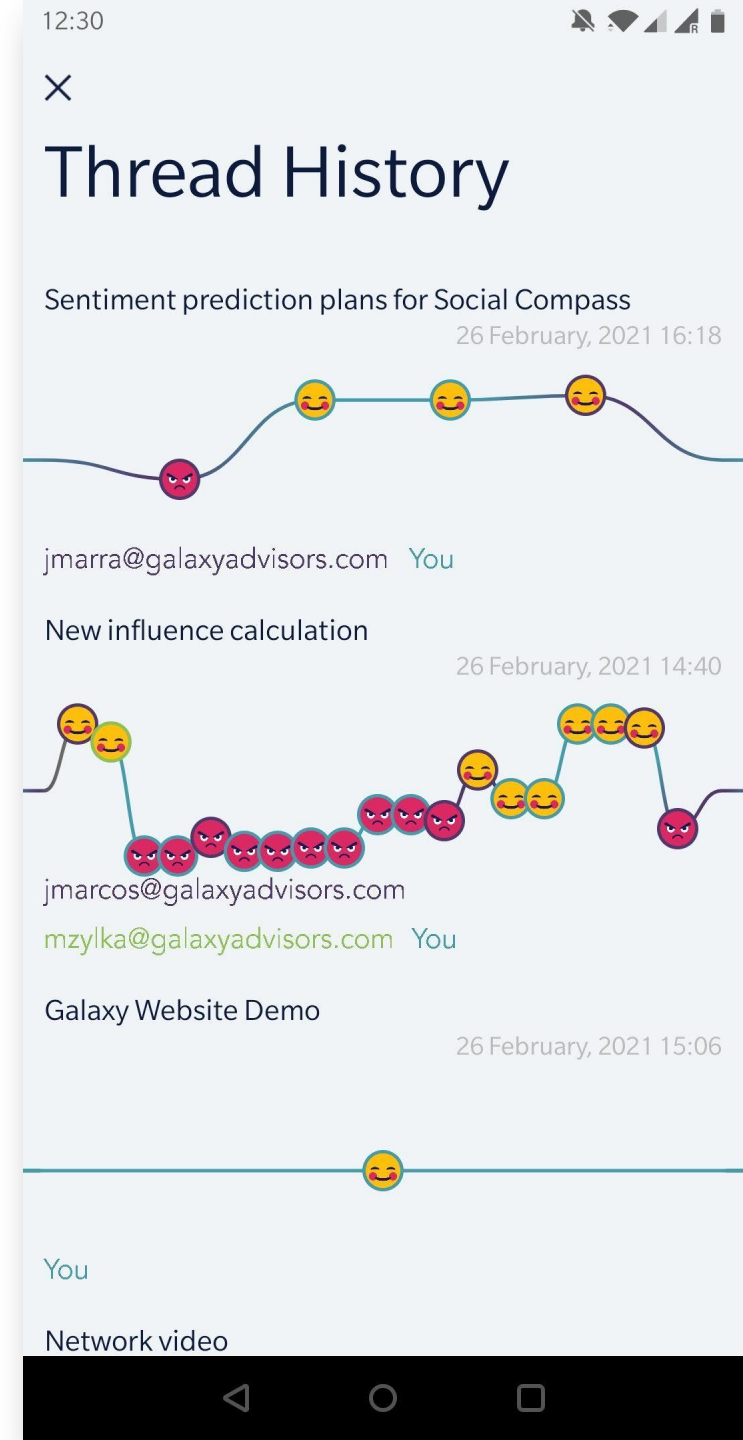
- Number of sent and received emails
- Your busiest e-mail hours of the day
- E-mail responsiveness
- Email activity calendar: how many emails you sent on a specific day? Compared with past weeks



# Profile: Thread History Sentiment

Social Compass uses powerful machine learning technologies to analyse the content of your emails and extract sentiments from it

- See the percentage of happy emails you sent
- And the stressed ones



# Profile: Entanglement

Find out who among your colleagues is most in synch with you.

When your lines meet is the time when you were most entangled.

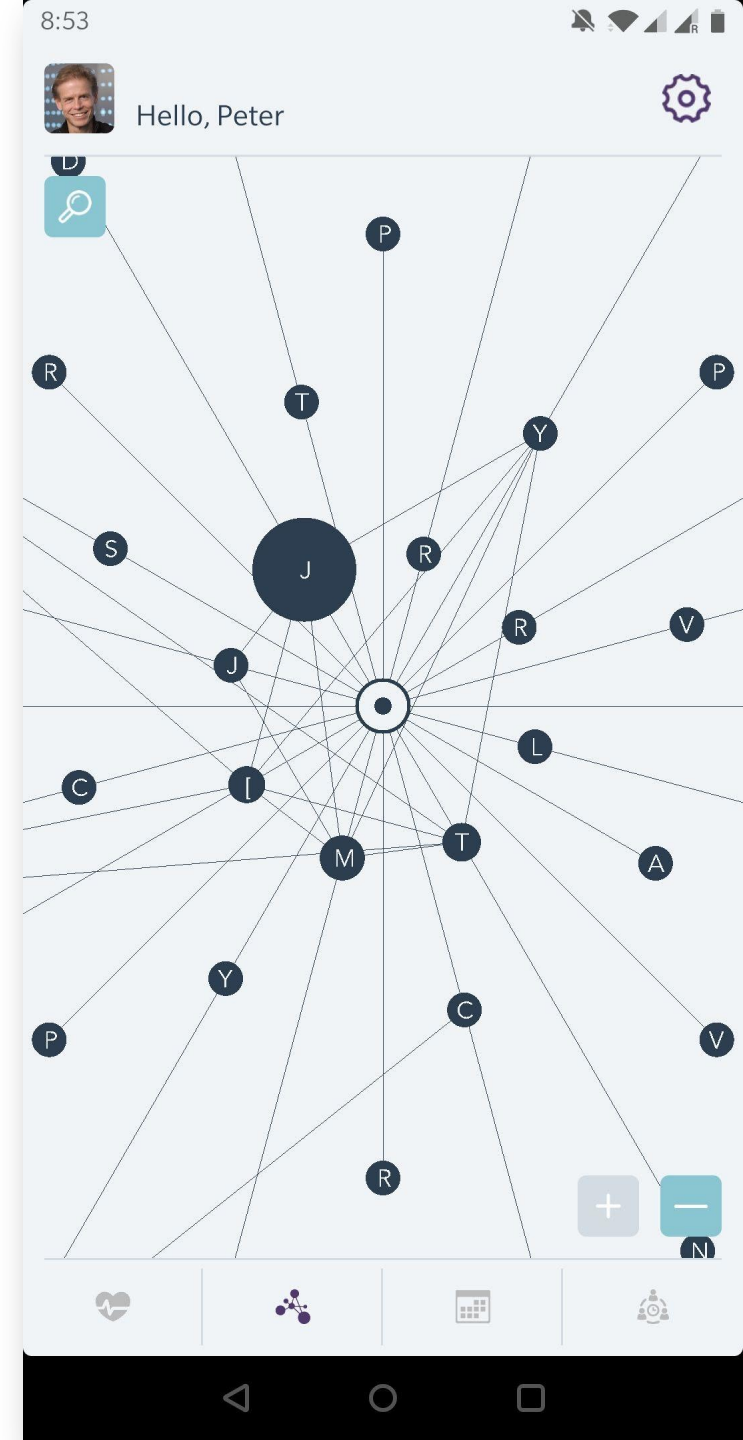




# Connections

See how your colleague network connects

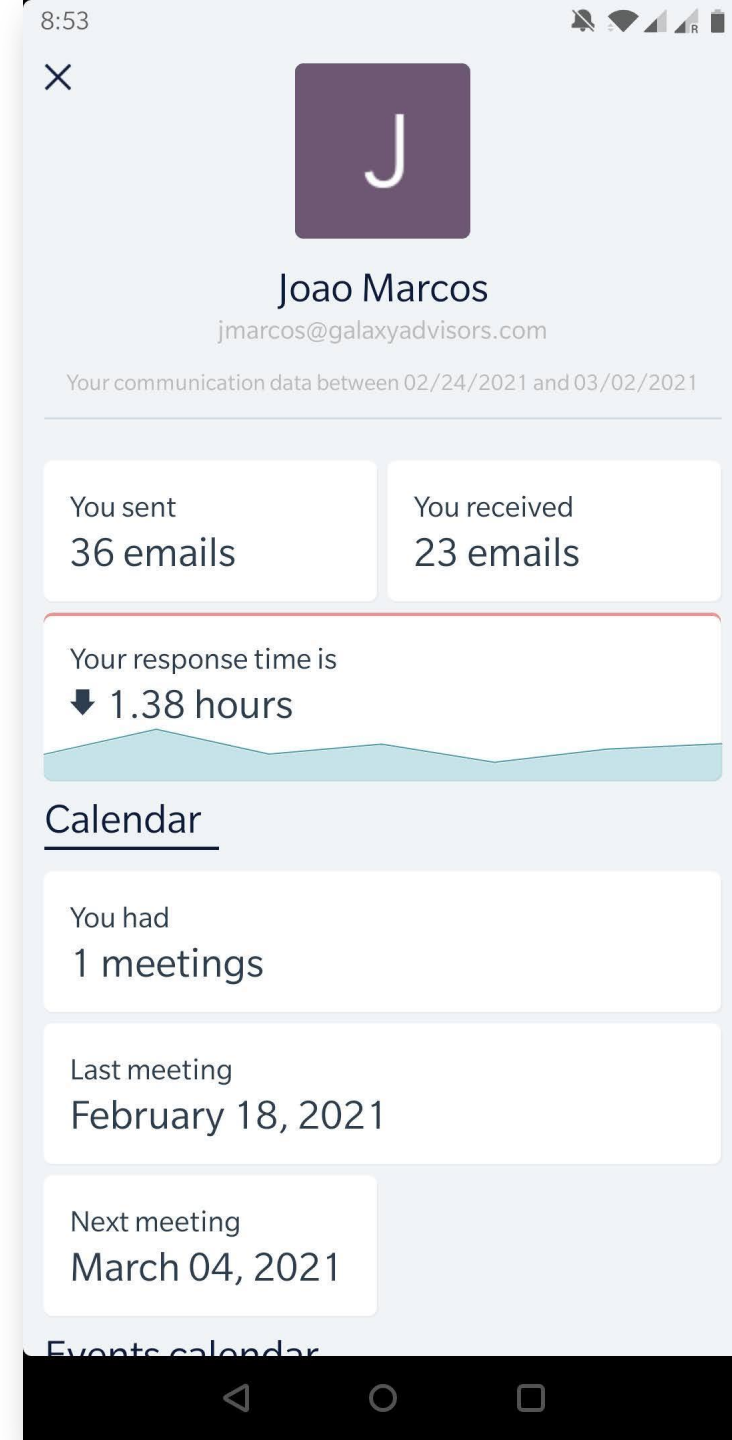
- Explore your communication network: See who in your network connects with whom
- The node size is based on your entanglement with that colleague
- You can select a node to drill-down on your interaction with that colleague



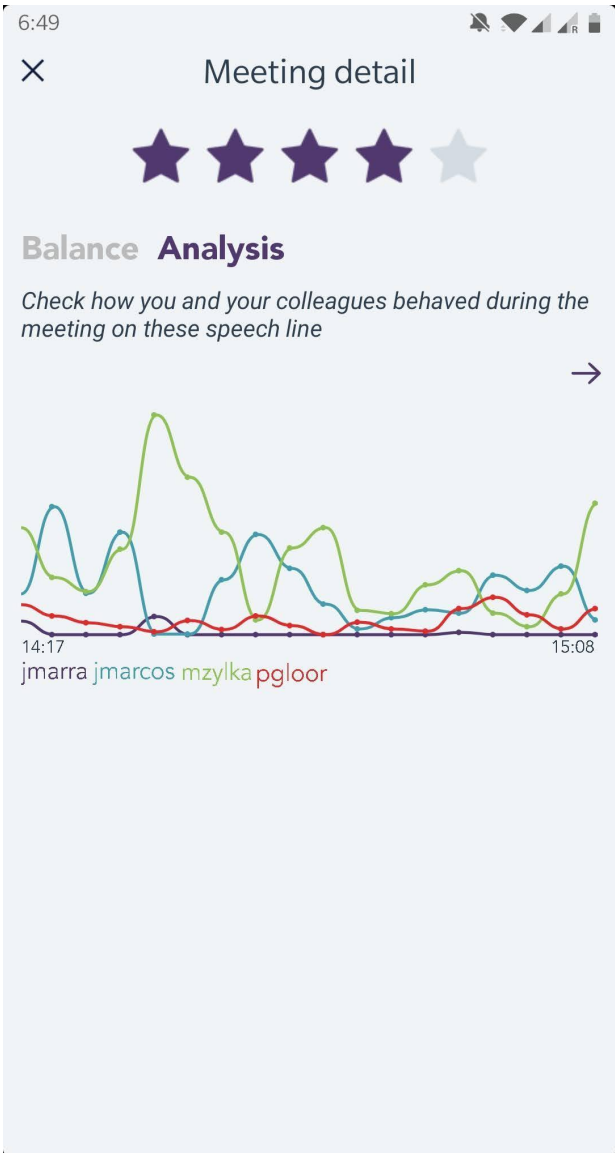
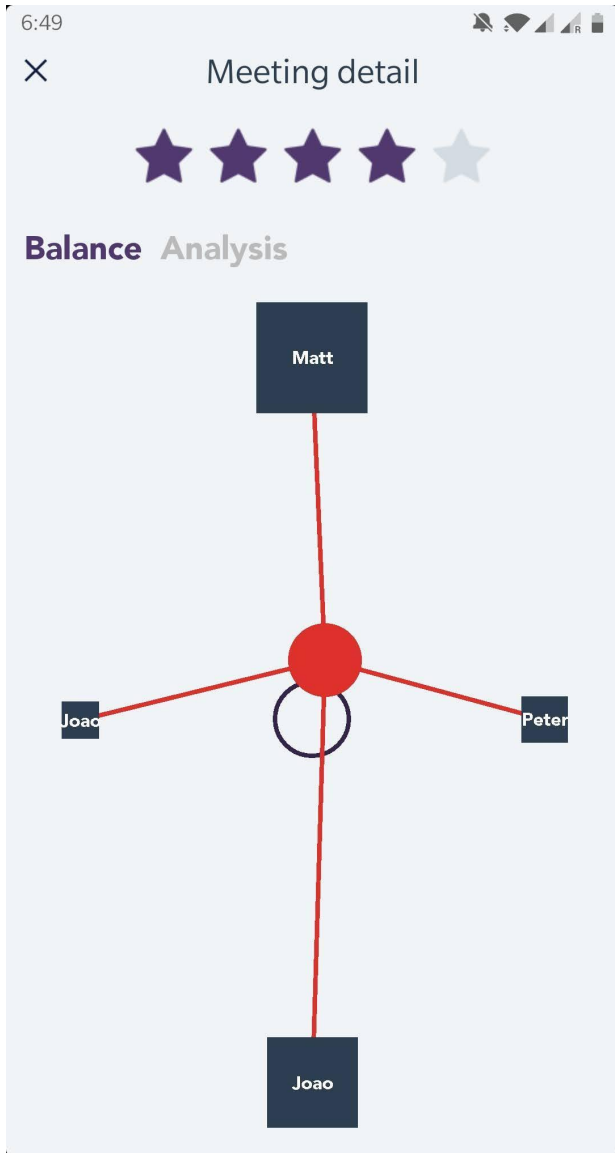
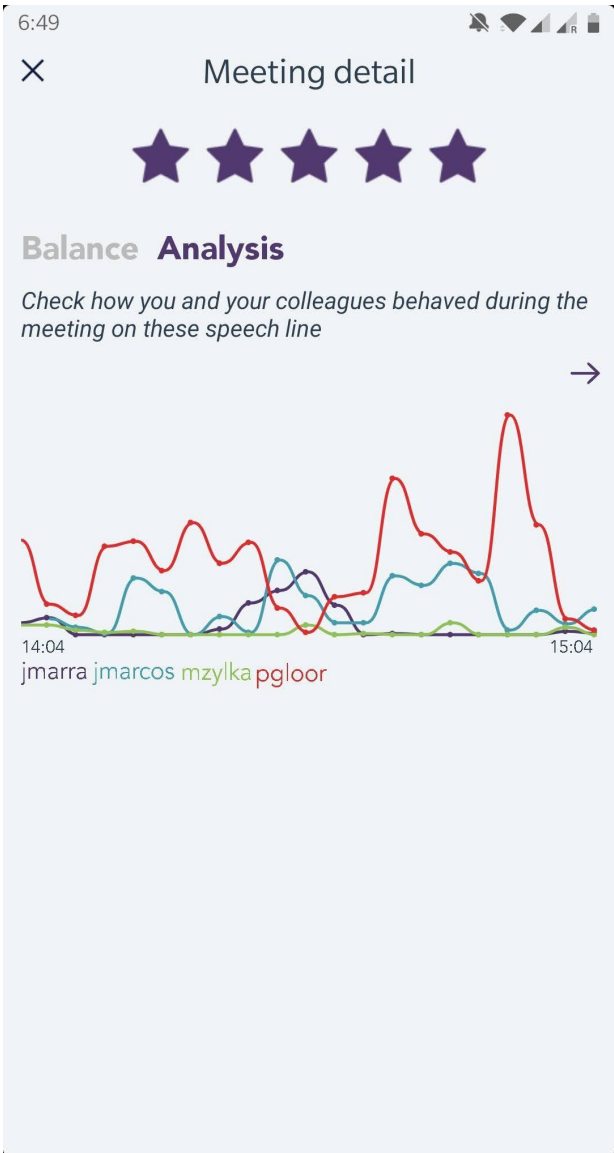
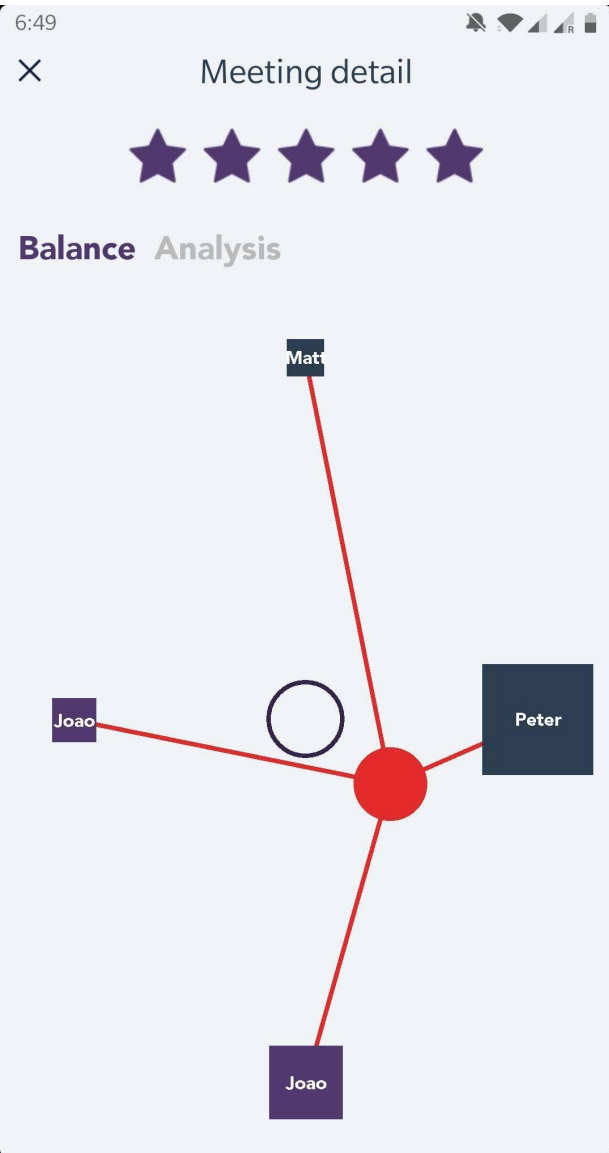
# Drill-down on interaction

See how to better interact with your co-workers

- List of colleagues you interacted with in the last week
- Colleagues that you interacted with in the past
- Select a colleague to see your communication data with her/him



# Social Compass – Meeting Balancer





# GALAXY SOCIALCOMPASS

Know more about your communication

giving you control over your digital self, your relationships and emotions

Download **Galaxy Social Compass** now on your phone app store



## About

What do we even know about ourselves? Things we are proud of and things we prefer to keep secret.

But there are **blind spots** and **unknowns** where we do not know ourselves.



Explo



Department

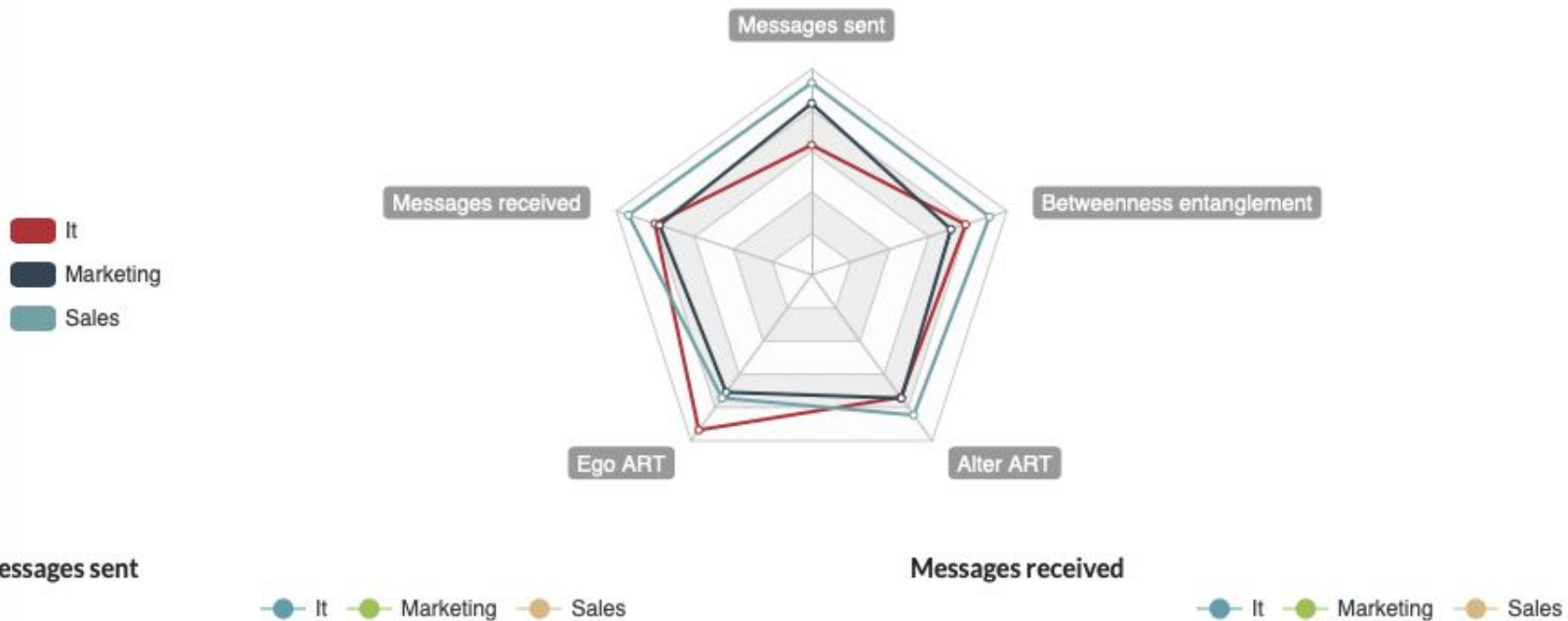
Time series

Domain communication

Internal communication

Look how the groups behave over time

DEPARTMENT COMMUNICATION





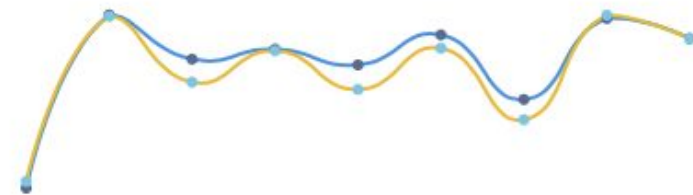
### Mind State

PEACE IN MIND IS THE KEY.  
KEEP UP THE GOOD WORK.

 **39.55 %** Burnout level -5% decreased



### Mood State

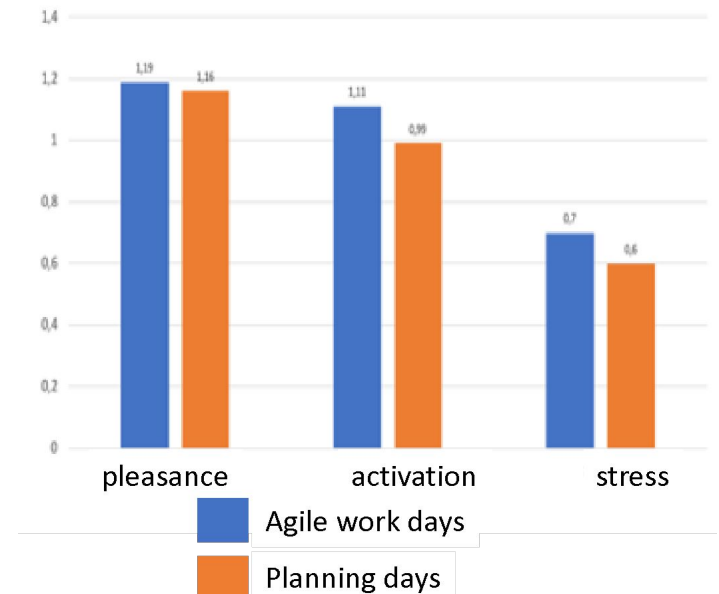
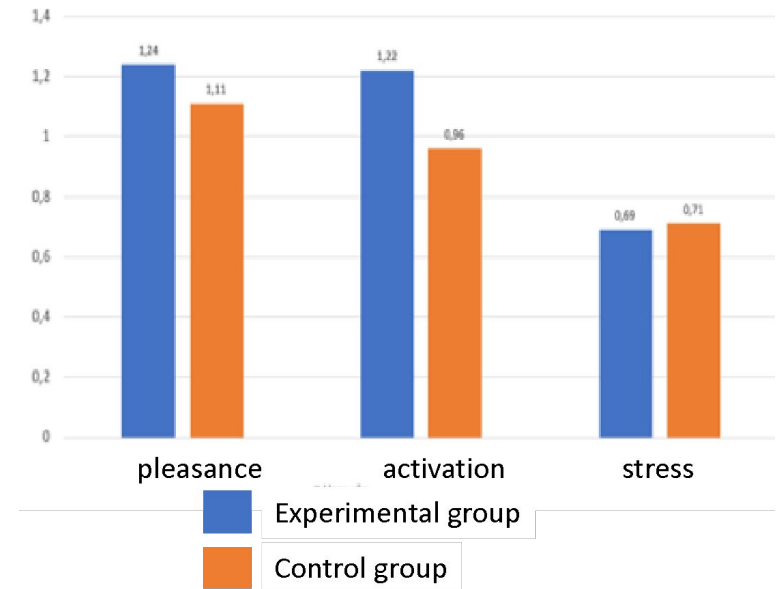
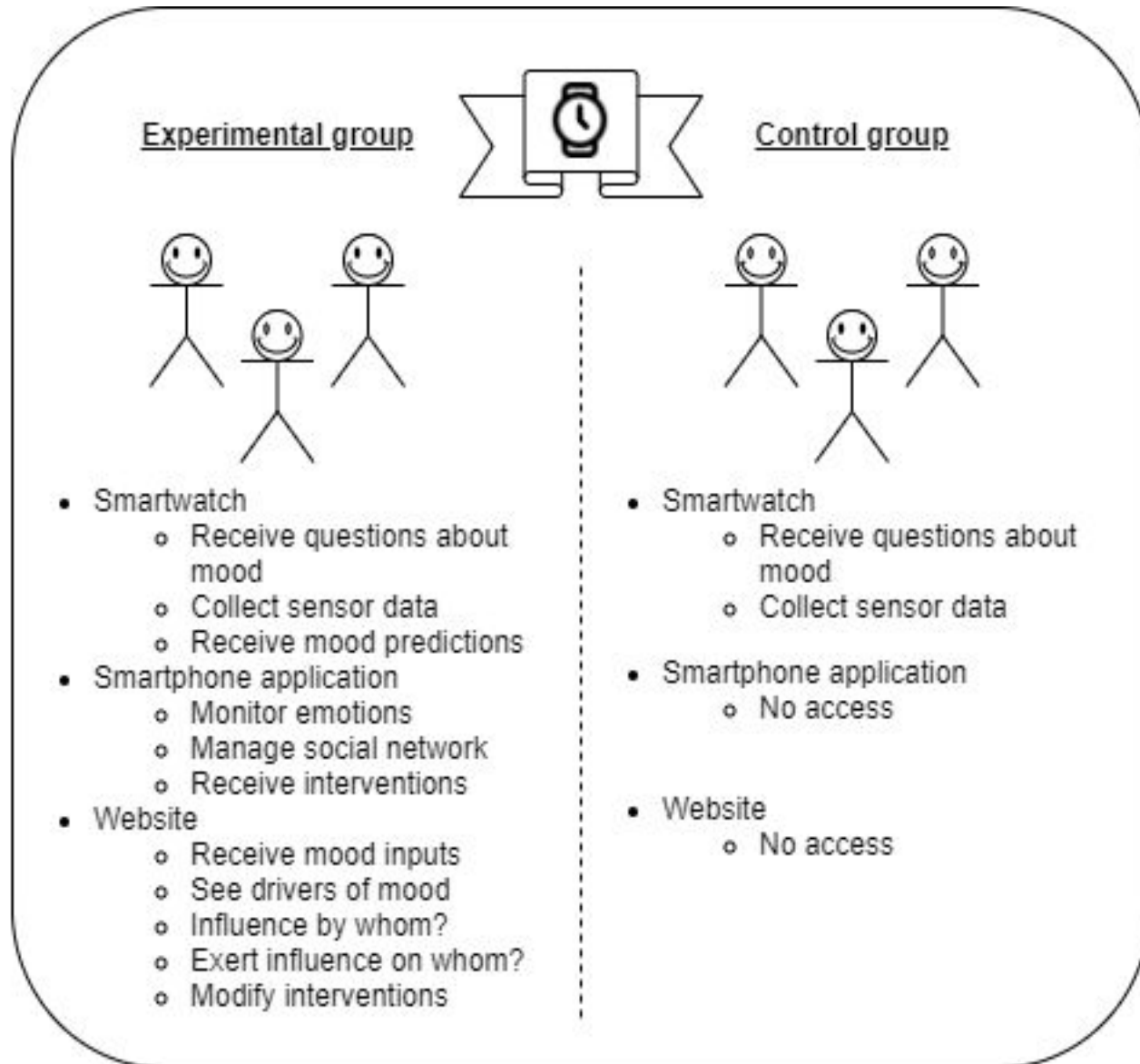


### Responsiveness

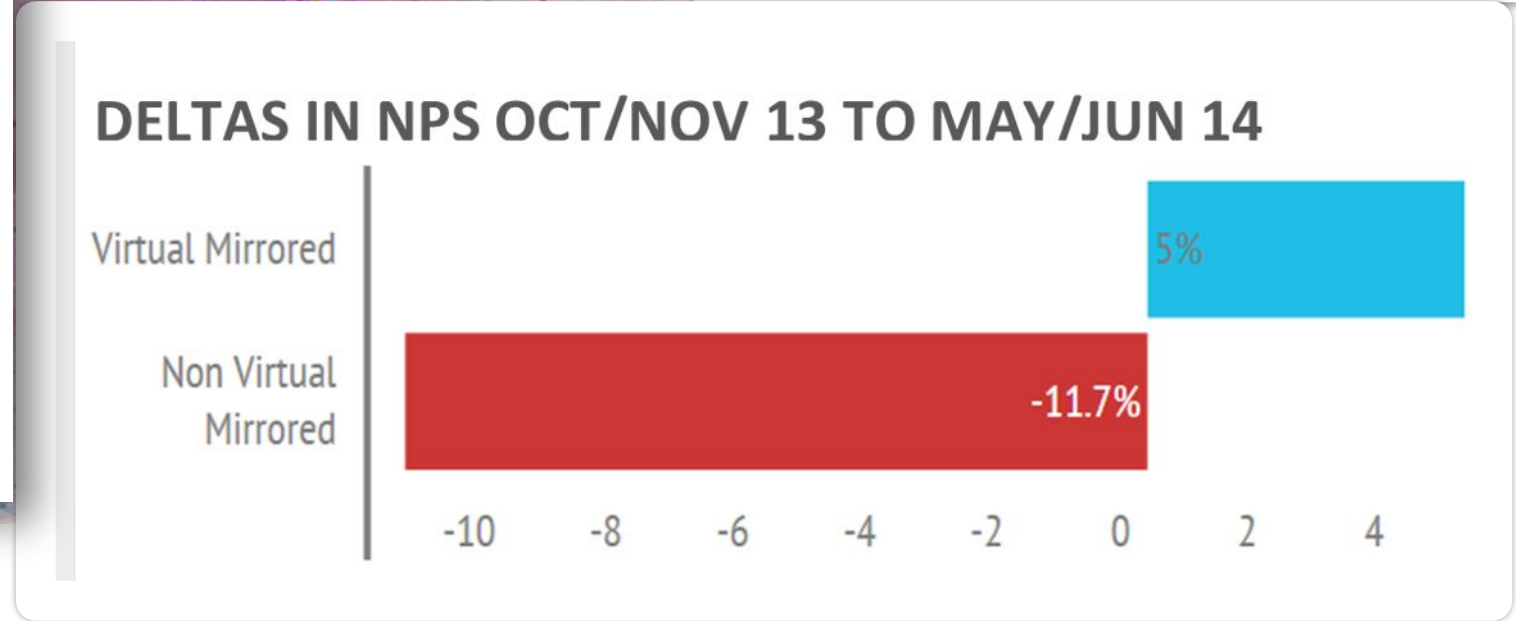
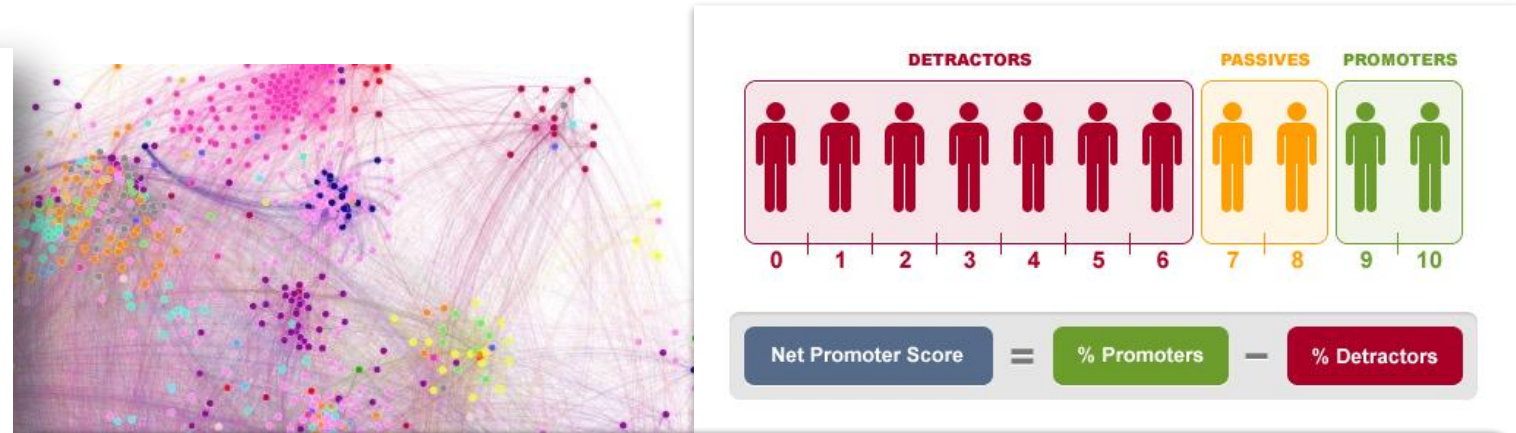
YOUR AVG. RESPONSE TIME IS

 **15.1** hours -2% decreased

# Virtual Mirroring 3 Months, German Bank (14% more happiness)



# Happy employees create happy customers, happy customers create more revenue





# How to create a happy company?



# How to create a happy company?

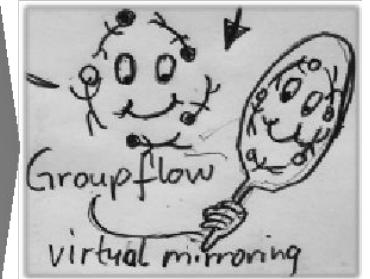
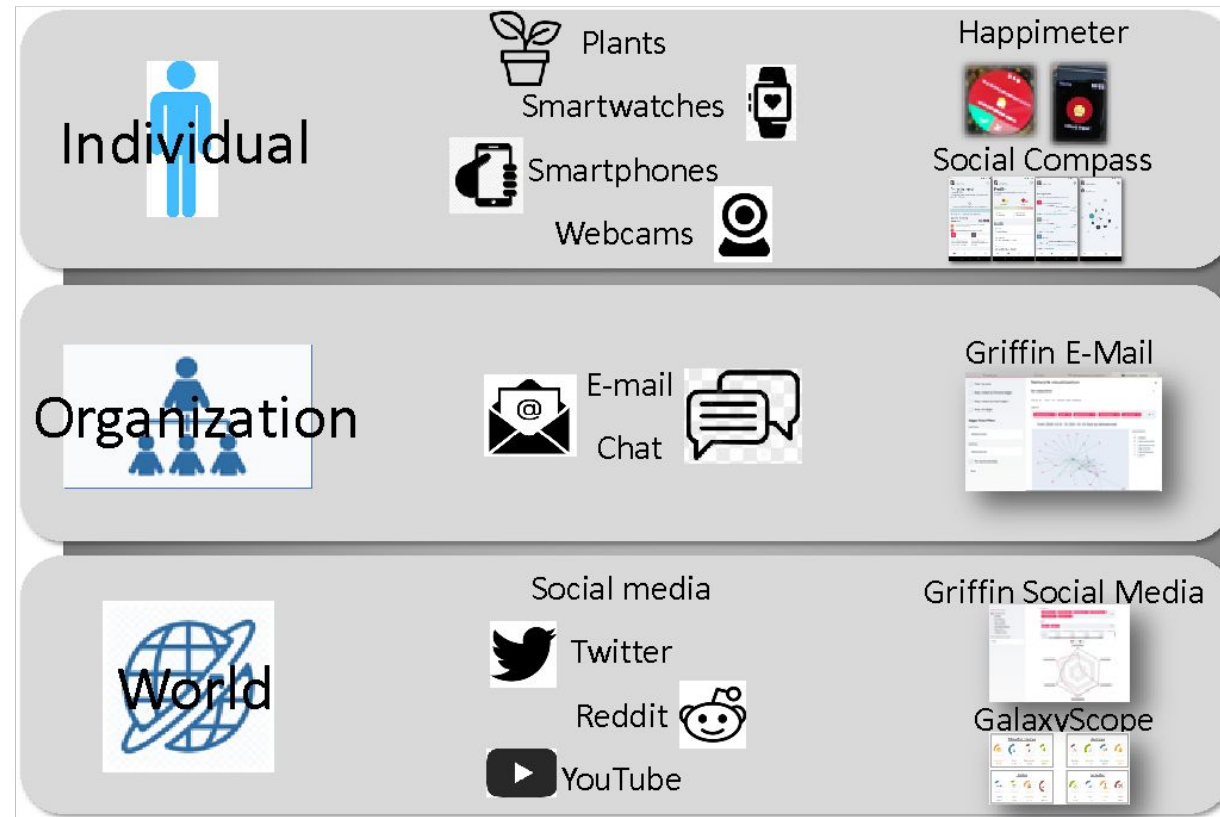
1. Understand what happiness *really* is



# How to create a happy company?

1. Understand what it is

2. Measure it

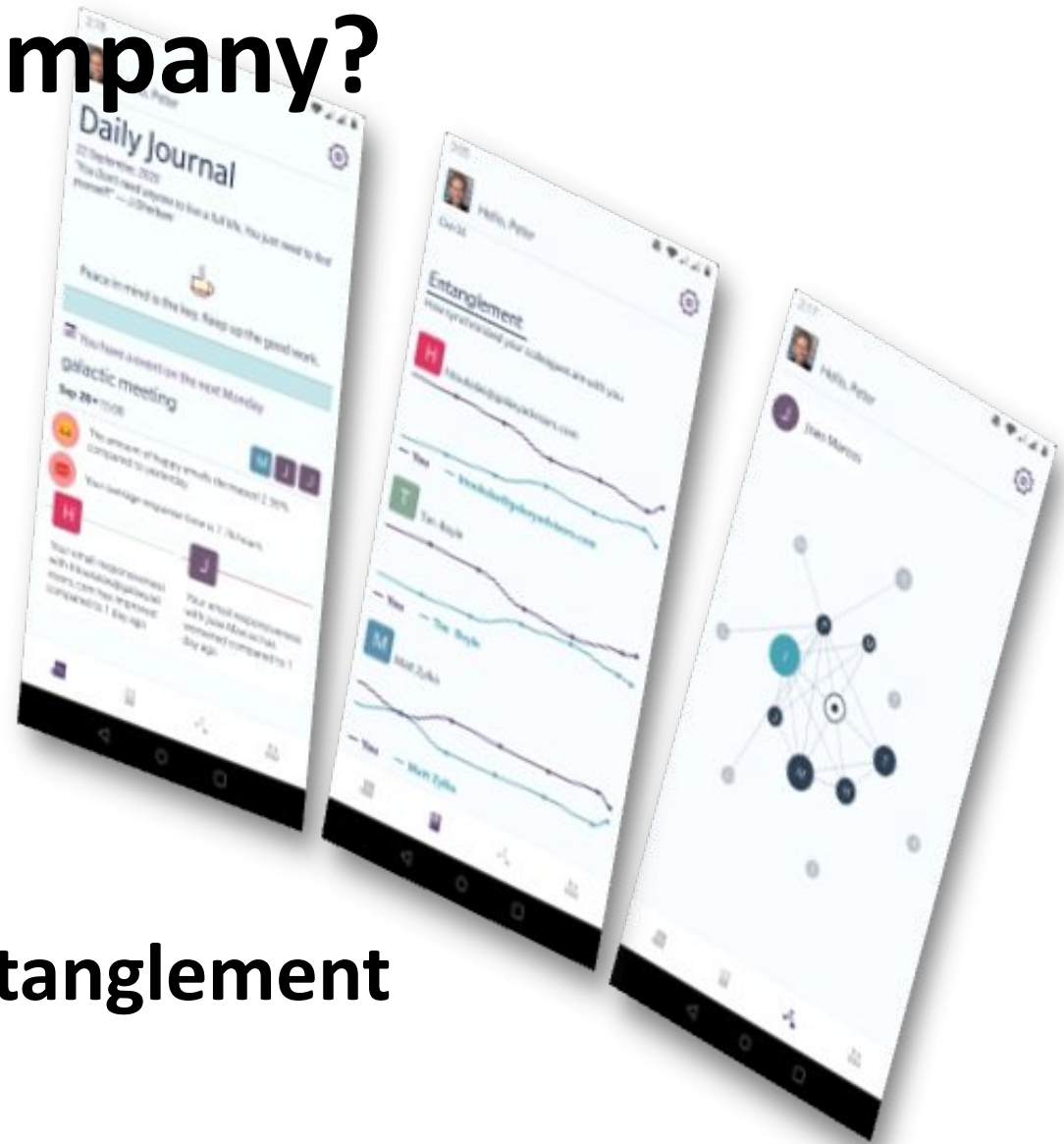


# How to create a happy company?

1. Understand what it is

2. Measure it

3. Show a virtual mirror, create entanglement

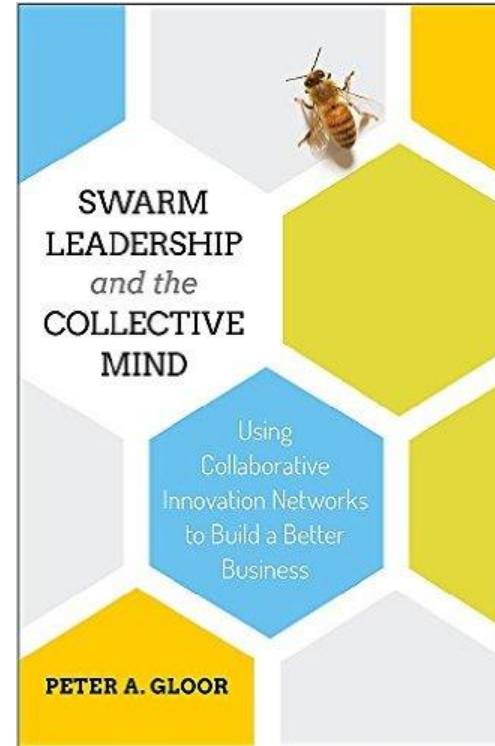


# Thank You

Tom Allen  
David Aloini  
Keith Arano  
Adam Almozlino  
Robin Athey  
Linda Bähler  
Matias Barahona  
Melina Becker  
Hans Brechbuhl  
Lucas Broennimann  
Pascal Budner  
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